

Session 11 – CMOS Biochips and Bioelectronics

A Sub-1 µW Multiparameter Injectable BioMote for Continuous Alcohol Monitoring

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Motivation: Alcohol Sensing for Treatment



Alcohol abuse prevention

- Short term
- Limited supervision
- Relapse



Alcohol breath analyzers

- Short term
- User initiation
- Inaccurate (>0.1% BAC)



Laboratory blood test

- Short term
- Inaccessible
- Takes hours of time

Needs: accurate, long term, continuous alcohol monitoring





Motivation: ISF-Based Sensor



Benefits:

- High correlation with actual blood alcohol content (BAC)
- Located right below skin surface
 → allows near-field communication
- Quasi-stationary → sensor doesn't flow around

Need to build ISF-based (injectable) sensor & readout circuit





System Overview

Reader ้เอะอำ Chip

Low E_{total} is essential to extend the wearable device work time w/o recharging

Typically < 0.1% for near-field coupling, determined by size and distance

 $E_{\text{total}} = (P_{\text{reader}} + P_{\text{chip}}/Eff_{\text{link}}) \times T_{\text{test}}$

Determined by circuits

Determined by both circuits & sensing methodology

Design Requirements:

- Low power
- Fast measurement
- Tiny size: fully integrated sensors, antenna; battery-less
- High selectivity: cancel biological interference



Prior-Art

Chip architecture



Problems:

- Power hungry low-jitter clock and A/D converter
- RX is required for controlling sensing, digitizing and transmitting data





Proposed Work

Chip architecture



Benefits:

- Transfer clock-shaped analog data through TX → no need for on-chip clocking and digitizing
- Measurement is cycled by state-machine \rightarrow no RF downlink





Wearable

Implementation



Highlights:

- A low-power potentiostat w/ current-control loop & current starved amplifier consumes < 0.5 μW
- Self-oscillating I-F removes the need for clocking & digitizing

First reported sub-1 µW fully integrated, injectable biosensor





Alcohol Assay Sensing Method



Solution: Multi-electrode test cancels background signal and pH





Alcohol Assay Sensing Method

Electrode Layout



Low noise circuit (<3 nA) is required due to micro-electrodes





Potentiostat



Benefits of Voltage Control Loops:

- Set WE potential to 3/4·V_{DD} and measure I_{DUT} separately.
- Reduce kickback from I-F converter using current mirror.





Potentiostat





High current at start-up

Benefits of CCL:

- Set RE potential to $V_{DD}/4$.
- Limit current < 80 nA → reduce power consumption during start-up.
- Set dynamic range (~26 dB) based on ethanol physiological level (0.01–0.2% BAC).





pH Sensing Method



pH channel digitally corrects the measured ethanol concentration.





pH Amplifier



Benefit:

- Current starving reduces baseline current and improves power efficiency by 5X *Potential issues:*
- Moderate dynamic range & linearity due to open-loop operation. However, the physiological pH range is very limited (6.8 – 7.4)
- Gain error & offset can be removed w/ 2-point calibration







I-F Converter



Benefits:

- Requires no additional timer
- 2-4-2 pattern distinguishes each *I*_{DUT}, and reduces noise by averaging
- Only 300 pW power w/ custom stacked digital logic



Wireless Power Transfer (WPT)



- Resonant frequency: 985 MHz due to link efficiency & tissue compatibility [1]
- $L_1C_{1s} = L_2C_{1p} = \frac{1}{\omega^2} \rightarrow Z_{in}$ is purely real at resonant frequency
- Chose $L_2 = 40$ nH, $C_{2P} = 0.7$ pF balance link efficiency & backscatter signal

[1] O'Driscoll ISSCC'09





- Putting circuits and electrodes inside the coil to minimize chip area
- Making slots on the coil to pass DRC

Q drops from 15.2 to 10





Backscatter (BS) Uplink



Benefit: no additional power cost

Small bypass capacitor \rightarrow fast start-up, but large droops on supply

Design choice:

The 2nd tank resonant frequency moves by ~100 MHz \rightarrow 0.4% modulation & 3 mV droops

Optimized for low droops due to fast start-up requirement





WPT & BS Measurement Setup







Measurement Results (Wireless)



- Carrier frequency: 985 MHz; link efficiency: 0.033% via 2 mm tissue gap
- Fast start-up: 0.15 s; small supply droops: 3 mV
- BS signal modulation depth: 0.2%. Large drift caused by 1/f noise AM RX





Measurement Results (AFE)



- Potentiostat dynamic range: 2.5 80 nA (30.2 dB)
- pH amplifier dynamic range: 0.5 70 mV (43 dB)
- I-F converter covers larger dynamic range than potentiostat & pH amplifier





Measurement Results (Biological)



Transient response



- Sensor electrodes have been plated and functionalized before testing.
- High start-up current is limited by CCL.





Measurement Results (Biological)



- Proper ethanol range (0.0046 – 0.23 %) is covered.
- Proper pH range (6.8 7.4) is covered.



Power Breakdown & Die Photo







Prior Fully-Implantable Biosensors

| Parameter | Ahmadi TBioCAS'09 | Liao JSSC'12 | Nazari VLSI'14 | Kilinc JSEN'15 | Agarwal VLSI'17 | This Work |
|------------------------|-------------------------|-------------------|--|--|---|---|
| Tech. (nm) | 180 | 130 | 180 | 180 | 65 | 65 |
| Carrier Freq. (MHz) | 13.56 | 1,800 | 915 | 13.56 | 900 | 985 |
| Supply (V) | 1.8 | 1.2 | 1.2 | 1.8 | 1 | 0.9 |
| Power (µW) | 198 | 3 | 6 | 1,500 | 4 | 0.97 |
| Sensitivity (nA) | 1 | 2 | 12 ¹ | 13 | 0.1 | 2.5 (alc.); 0.5 mV (pH) |
| Dynamic Range (dB) | 60 | 37 | 32 | 48 | 71 | 30.1 (alc.); 43 (pH) |
| Size (mm) | 4×8 | 10 (diameter) | 1.4×1.4 | 12×12 | 1.2×1.2 | 0.85×1.5 |
| Detection Technique | Amp. ² | Amp. ² | Amp. ² + Volt. ³ | Amp. ² + Volt. ³ | Amp. ² | Amp. ² + Volt. ³ |
| Analyte | Glucose | Glucose | Glucose | APAP | $H_{2}0_{2}$ | Ethanol/ H_20_2 |
| Multi-parameter? | No | No | No | BG⁴ | No | BG⁴ + pH |
| External Components | Sensor, coil, capacitor | Sensor, coil | None | Sensor, coil, capacitor | None | None |
| | CICC 2018 San Diego, CA | | | | ¹ Read from figure ² Amperometry | e ³ Potentiometry ⁴ Background |



Conclusion

- A wireless, fully-integrated injectable BioMote was designed for continuous, long-term alcohol monitoring
- Key challenges: **background cancellation**, **low-power** & **fast measurement**
- \circ To address this, we:
 - Developed a low-power multiparameter potentiostat enabling differential measurements to cancel background interference.
 - Developed a self-oscillating I-F converter and potentiostat w/ current control loop to minimize power.
 - Minimized measurement time w/ fast start-up and chronoamperometry.

Result: a first-reported sub-1 μW fully-integrated, injectable biosensor





Acknowledgments

The authors would like to thank

- Li Gao for technical discussions about electromagnetic design
- Alexander Sun for help with electrode plating
- CARI Therapeutics for market discussions
- NSF, NIH and Samsung for funding

